



Food Menu – Week 1

Healthy • Balanced • Nutritious

Monday	Lunch: Mild & Creamy Tomato Chickpea Curry (Wholegrain Rice) Dessert: Natural Yoghurt & Mixed Fruit Tea: Pizza & Beans
Tuesday	Lunch: Beef & Green Lentil Bolognese (Fusilli Pasta) Dessert: Natural Yoghurt & Mixed Fruit Tea: Vegetable Soup & Bread Roll
Wednesday	Lunch: Sliced Roast Chicken with Roast Potatoes, Vegetables, Yorkshire Pudding & Gravy Dessert: Natural Yoghurt & Mixed Fruit Tea: Spaghetti Hoops on Toast
Thursday	Lunch: Slow Cooked Chicken & Vegetable Stew (Mashed Potato) Dessert: Natural Yoghurt & Mixed Fruit Tea: Cream Cheese Bagels & Vegetable Sticks
Friday	Lunch: Omega-3 Salmon Fishcake, Baked Beans & Chips Dessert: Natural Yoghurt & Mixed Fruit Tea: Cheese Wraps & Vegetables

All meals are freshly prepared and planned to support healthy growth and development.
Dietary requirements, allergies and cultural needs are fully catered for.



Food Menu – Week 2

Healthy • Balanced • Nutritious

Monday	Lunch: Soya 'Meatballs' in Rich Tomato Sauce (Spaghetti) Dessert: Natural Yoghurt & Mixed Fruit Tea: Pizza & Beans
Tuesday	Lunch: Beef & Vegetable Cottage Pie (Green Beans) Dessert: Natural Yoghurt & Mixed Fruit Tea: Vegetable Soup & Bread Roll
Wednesday	Lunch: Panko Coated Chicken Fingers (Wholegrain Rice, Sweet Potato & Carrot Curry Sauce) Dessert: Natural Yoghurt & Mixed Fruit Tea: Spaghetti Hoops on Toast
Thursday	Lunch: Herby Pork Sausage Casserole (Mashed Potato) Dessert: Natural Yoghurt & Mixed Fruit Tea: Cream Cheese Bagels & Vegetable Sticks
Friday	Lunch: Breaded Cod Fish Fingers (Chips & Beans) Dessert: Natural Yoghurt & Mixed Fruit Tea: Wraps & Vegetable Sticks

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